**2023 Timetable – Sunshine Dance Centre**

Monday

3.45 – 4.30 SDC Junior Stars jazz and tap (6-8yrs) 3.45 – 4.30 Come Dance With Me (4-5yrs)

4.30 – 5.00 SDC Junior Stars Ballet (6-8yrs) 4.30 – 5.00 SDC Intermediate Stars Tap

5.00 – 5.45 SDC Intermediate Stars Ballet 5.00 – 5.45 Comdance Sub-Elementary ballet

5.45 – 6.30 Comdance Intermediate Ballet 5.45 – 6.30 SDC Intermediate Stars Jazz

6.30 – 7.00 Demi/pointe class

7.00 – 7.45 SDC Senior Jazz (13yrs and over)

7.45 – 8.30 SDC Senior Tap (13yrs and over)

Tuesday – private lessons

Wednesday – new SDC elite program

Thursday

3.45 – 4.30 Comdance Sub-elementary Ballet 3.45 – 4.30 Sal’s senior lyra class

4.30 – 5.15 Gr 6 exam class 4.30 – 5.15 Sal’s senior tech class

5.15 – 5.45 Progressing Ballet Technique

5.45 – 6.45 Intermediate Classical 5.45 – 6.30 Sal’s junior tech class

6.45 – 7.30 Gr 8 exam class 6.30 – 7.15 Sal’s junior lyra class

Friday

3.45 – 4.15 Junior Stars Examination Class

4.15 – 4.45 Junior Performance team 6yrs and 8yrs and under

4.45 – 5.30 Junior Song and Dance/Musical Theatre (5-12years)

5.30 – 6.00 Junior Progressing Ballet Technique

6.00 – 6.45 SDC Intermediate Stars Ballet

6.45 – 7.15 Grade 4 Tap

Saturday

8.30 - 9.00 Petit Pointers

9.00 – 9.30 Stretch and strength

9.30 – 10.30 Junior and Senior Contemporary

10.30 – 11.00 Contemporary Performance Groups

11.00 – 11.30 Performance team 12yrs

11.30 – 12.15 Performance team 16yrs and Open

12.15 – 12.45 Acro technique

12.45 – 1.15 Acro Performance Group

1.15 – 2.00 Senior Song and Dance/Musical Theatre